# Alain Polynice, MD, FACS

#### **LICENSURE**

California Medical License Number C173219
New York Medical License Number 205376
US Virgin Islands Medical License Number 2199

# **BOARD CERTIFICATIONS**

American Board of Plastic Surgery, Re-certified 2012 American Board of Plastic Surgery, Certified 2002

#### **POSITIONS HELD**

Started 8/2022 Turner Medical Arts

1250 Coast Village Road, Ste L Santa Barbara, CA 93108

2005-Present Private Practice

Williams Plastic Surgery Specialists 1072 Troy Schenectady Road

Latham, NY 12110

2001-2009 Private Practice

Polynice Plastic Surgery

5 East 83rd Street New York, NY 10028

# **ACADEMIC APPOINTMENTS**

2020-Present Director of ASAPS accredited Aesthetic Surgery Fellowship

2007-Present Assistant Clinical Professor of Surgery

Albany Medical College

2005-2019 Assistant Clinical Professor of Surgery

New York Medical College

#### **HOSPITAL PRIVILEGES**

2006-Present Attending Physician

Albany Medical Center

Albany, NY

2005-2020 Attending Physician

Albany Memorial Hospital

Albany, NY

2005-Present Attending Physician

St Peters Hospital

Albany, NY

2001-2011 Attending Physician

St Vincents Catholic Medical Center, Manhattan

New York, NY

### **EDUCATION**

1984-1989 Medical Doctor

Pontificial Catholic University Madre Y Maestra

Santiago, Dominican Republic

#### **TRAINING**

07/2000-12/2000 Traveling Fellowship

Training with Plastic Surgeons in Australia, Asia and Europe

07/1998-06/2000 Mayo Clinic, Rochester, MN

Plastic Surgery Residency

07/1997-06/1998 New York Presbyterian-Weill Cornell Medical Center, New York, NY

Burn Fellowship

07/1995-06/1997 North Shore University Hospital, Manhasset, NY

General Surgery Residency

07/1993-06/1995 Columbia University Hospital/Harlem Hospital, New York, NY

General Surgery Internship and General Surgery Residency

#### **ORGANIZATIONS AND PROFESSIONAL SOCIETIES**

2020-Present Member American Society for Aesthetic Plastic Surgery (ASAPS)

2001-Present Member New York Regional Society of Plastic Surgeons

1998-Present Member American Society of Plastic Surgeons (ASPS)

1997-1999 American Burn Association

# **COMMITTEE AND BOARD APPOINTMENTS**

2014-2018 Saratoga PLAN, Preserving Land and Nature

Saratoga Springs, NY Board of Directors

2012-2016 American Society of Plastic Surgeons

Volunteers in Plastic Surgery Committee

#### **PUBLICATIONS**

2014 A Multicenter Randomized Controlled Trial Comparing Absorbable Barbed Sutures

Versus Conventional Absorbable Sutures for Dermal Closure in Open Surgical

**Procedures** 

AesthetSurgJ. 2014 February 1;34(2):272-83.doi:10.1177/1090820X13519264.Epub2014 Jan

13 PMID:24081696

Rubin JP, Hunstad JP, Polynice A, Gusenoff JA, Schoeller T, Dunn R, Walgenbach KJ,

Hansen JE

2013 Outpatient Lipoabdominoplasty: Review of the Literature and Practical Considerations

for Safe Practice

Aesthet Surg J. 2013 Sep 1;33(7): 1021-9 doi: 10.1177/1090820X13503471 PMID:24081696

Levesque AY, Daniels MA, Polynice A

2013 Repair of Recurrent Ventral Hernia Using Tissue Expansion and Porcine Acellular

**Dermal Matrix** 

European Journal of Plastic Surgery 2013 January, DOI10.1007/s00238-012-0800-5

Tauber D, Polynice A

Cosmetic Surgery. Springer Berlin Makhijani, SN, Polynice, A, Chao, JD, Hoehn, JG 2013 doi.org/ 10.1007/978-3-642-21837-8\_56 Preferences of Healthy Inner City Women and the Surgical Treatment of Early Stage 2007 **Breast Cancer** Am Surg 2007 March, 73(3)215-21 Fontana V, Castro T, Polynice, A 2006 Your Complete Guide to Breast Reduction and Breast Lifts Addicus Books, Inc. Omaha, NE; 2006 Polynice, A 2001 The Latissimus Dorsi Myocutaneous Flap Otolaryngology-Facial plastic Surgery On-line textbook, eMedicine, Inc., 2001 Polynice, A, Pontius, AT 2001 Free Jejunal Tissue Transfer in Head and Neck Reconstruction Otolaryngology-Facial Plastic Surgery On-line textbook, eMedicine, Inc., 2001 Polynice, A, Buchel, EW 2000 **Management of Postcraniotomy Wound Infections** The Journal of Cranio-Maxillofacial Trauma 2000;6(2):36-40 Polynice, A, Meyer, F, Clay, R 1995 Sarcoidosis of the Breast: Case report and Chart Review Am Surg 1995 Sept, 61 (9):778-80

**Brachioplasty Book Chapter** 

Histological Assessment of Low Voltage Electrical Burns: Experimental Study with

Pigskin

2013

1994

J Burn Care Rehabil 1994 Jul-Aug, 15(4)328-34

Rouge, D, Polynice, A

Donaldson, BA, Polynice, A

#### **INVITED GUEST LECTURER**

2019 Winter Symposium 2019-Reaching New Peaks in Facial Plastic Surgery

January 2019

"How Social Media Completely Changed My Practice"-

Guest Lecturer, Beaver Creek, CO

2017 Winter Symposium 2017-Reaching New Peaks in Facial Plastic Surgery

January 2017

"How to Find and Select a Rock Star Partner"

Guest Lecturer, Beaver Creek, CO

2015 Winter Symposium 2015-Reaching New Peaks in Facial Plastic Surgery

January 2015

"Integrating Plastic Surgery in Facial Plastic Surgery Practices: Setting the Ego Aside to

Create a Formula for Success, Wealth and Happiness"

Guest Lecturer, Beaver Creek, CO

2014 Plastic Surgery The Meeting

October, 2014

"Repair of Massive Ventral Hernias Using Different Techniques of Components Separation and

Tissue Expansion with Acellular Dermal Matrix"

Course Instructor, Chicago, IL

2013 **DePuy Synthes** 

June 2013

"Presentation on Abdominal Wall Reconstruction and Use of Biologic Tissue Including XCM"

Guest Lecturer, Pittsburg, PA

2013 Ellis Bariatric Group

February 2013

"Body Contouring in the Post Bariatric Patient"

Guest Lecturer, Schenectady, NY

2011 2nd Annual Ward J. Duncan Memorial 2011 Conference on Bariatrics and Nutrition

September, 2011

"Body Contouring in Post Bariatric Patients"

Guest Lecturer, Albany, NY

# 2010 Autologous Breast Reconstruction. A Hands-On Cadaver Workshop

June, 2010 Course Director

"Breast Reconstruction: Traditional TRAM (Transverse Rectus Abdominis Myocutaneous Flap), Unipedicled, Bipedicled and Supercharged" Speaker, St Louis University, St Louis, MO

2010 Albany Medical Center, 2010 Bariatrics and Nutrition Conference: Surgical and Medical

Management of Obesity

October, 2010

"Plastic Surgery Options Post Bariatric Surgery"

Guest Lecturer, Albany, NY

2004 St. Vincent's Medical Center Group

February 2004

"Reconstructive Options After Breast Surgery"

Guest Lecturer, New York, NY

# PRESENTATIONS AND RESEARCH

2013

J. Peter Rubin, MD, Plastic and Reconstructive Surgery, University of Pittsburgh, Pittsburgh, PA, Juliana Hansen, MD, FACS, Assoc Professor and Chief Plastic and Reconstructive Surgery, Oregon Health and Science University, Portland OR, Thomas Schoeller, Professor, MD, Micro and Reconstructive Breast Surgery, Marienhospital, Stuttgart, Germany, Alain Polynice, MD, FACS, Albany Medical Center, Albany, NY, Raymond M. Dunn, MD, Division of Plastic Surgery, University of Massachusetts Medical School, Worcester, MA, Jeffrey A Gusenoff, MD, Department Plastic, University of Pittsburgh, Pittsburgh, PA and Joseph Hunstad, MD, FACS, PlasticSurgery, The Hunstad Kortesis Center, Huntersville, NC "A Multicenter, Randomized Controlled Trial Comparing Absorbable Barbed Sutures Versus Conventional Absorbable Sutures for Dermal Closure in Open Surgical Procedures" The Aesthetic Meeting 2013, New York, NY April 2013

2012

Levesque, AY, Daniels, MA, Polynice, A. "Outpatient Lipoabdominoplasty: Review of the Literature and Practical Considerations for Safe Practice" American Society of Aesthetic Plastic Surgeons Annual Meeting, Vancouver, BC, May 2012. Daniels MA, Levesque AY, **Polynice, A** 3rd Annual Resident Research Day. Albany Medical Center, Albany, NY March 2012.