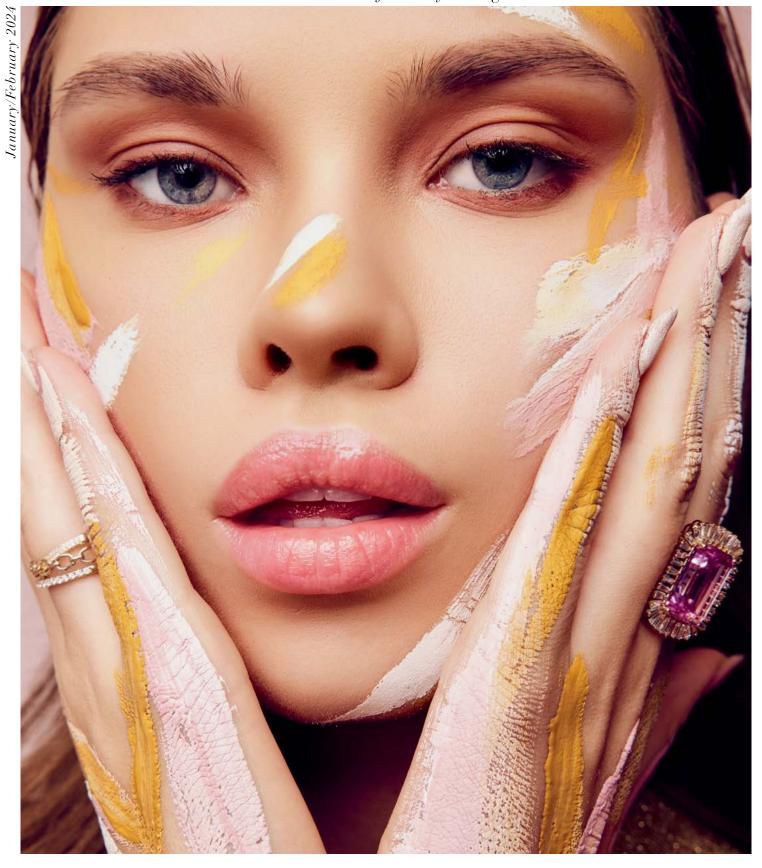
Santa Barbara Life & Style Magazine



THE ART OF SELF-CARE

## 1. PRACTICE

What began as an OBGYN office over 40 years ago has grown into a state-of-the-art boutique luxury medical practice boasting innovative aesthetic procedures, hormone replacement therapy, plastic surgery, and beyond.

3. ALLISON
PONTIUS
With 15 years of
experience focusing
solely on the face,
"Master Injector"
Allison Pontius is
a board certified
facial plastic surgeon
elevating aesthetics
through primarily nonsurgical, minimally
invasive treatments.



# **4. ALAIN POLYNICE**Alain Polynice is an expert in cosmetic surgery for the breast and body. Combining his international training with

combining his international training with outstanding attention to detail, he is known for his expertise in 360 Liposuction and body contouring, implant removal and exchange, and more. A true artist!

# SBLS PHOTOGRAPHY Kim Reierson SPOTLIGHT

TURNER MEDICAL ARTS



# 2. DUNCAN TURNER

The mastermind behind Turner Medical Arts, Dr. Duncan Turner is renowned for his 40 years of experience in developing pushingthe-envelope practices for women's health, including hormone replacement therapy, vaginal rejuvenation. and sexual health. Turner demonstrates a passion for education and outreach with his podcast, The Vagina Dr.



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