

“BODY BY POLY”

*...Some women go through child birth and bounce right back.
While others are truly devastated by the process. We are here to help.*

NOT JUST FOR MOMMY...

A mommy makeover is a term used to describe when multiple procedures are performed to achieve a complete body transformation. This would commonly include a tummy tuck with liposuction and a breast procedure such as a lift, a reduction or an augmentation. Mommy makeovers don't stop there, they can also include arm lifts, thigh lifts or Brazilian butt lifts with fat transfers. The best way to determine which combination of procedures would suit you best is to schedule a consultation with a board-certified plastic surgeon who specializes in these types of procedures.

Mommy makeovers are not just for mothers; indeed, they can be performed on people of any age as long as they are healthy. In my practice mommy makeover patients typically range in age from 30 to 73. One of the biggest life changing patient stories is that of a 45-year-old mother of 2 who had undergone a gastric bypass. She lost over 150 pounds over the course of 2 years and had a significant amount of loose and excess skin along the abdomen, back, arms and thighs and she had drooping of the breasts. In two separate operations this patient had a complete makeover that included a tummy tuck with liposuction, an arm lift, a thigh lift and a bilateral breast lift. Her transformation was so dramatic that she said she felt she got her life back. She was confident enough to have an amazing glamour photo shoot done, something she said she never thought she would do in a million years!

Doctor Polynice combines international training with meticulous attention to detail to provide outstanding care to his patients.

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